

Inpatient Psychiatric
Services

apollo

BEHAVIORAL
HEALTH HOSPITAL

**RENEWING HOPE,
REBUILDING LIVES**

Inpatient Psychiatric Services

RENEWING HOPE, REBUILDING LIVES

Why is hope important? People talk about holding on to hope. That can mean different things for each and every individual.

Hope can be a desire for something to happen, a wish for things to change for the better or a specific dream or goal. It is important for us to have hope in our lives — to look positively into our future. Hope is a major **protective factor** in helping us tackle dangerous ideation or intrusive thoughts.

Hope is also a very personal thing. It is important to not measure goals by others' standards. Each person's aspirations are theirs personally and important for personal reasons.

Hope reduces helpless feelings, increases happiness, reduces stress, and improves our quality of life. Knowing that a "better life" awaits is a first step towards healing.

Our goal at Apollo is to help patients renew hope.







FOR WHEN THERE IS A NEED...

Modern inpatient mental health treatment is typically warranted when a patient needs to stay at a facility for a short period of time to receive intensive care. This can be anywhere from a few days to a week or more, depending on the need. During this time, patients have access to 24-hour care from mental health professionals. This type of treatment is often used to intervene for the patient's safety and crisis stabilization.



SIGNS & SYMPTOMS

Signs and symptoms of mental health disorders can vary, depending on the particular disorder and the severity of the illness. **Apollo Behavioral Health** offers comprehensive care for a variety of illnesses, including but not limited to depression, anxiety, bipolar disorder, and schizophrenia. Mental illness affects emotions, thoughts, and behaviors and daily functions, but they are treatable, and **Apollo Behavioral Health** has a variety of programs to help.

Signs and symptoms of **mental illness** include:

- Feeling sad / depressed
- Fear or suspiciousness of others
- Excessive fears, worries and anxieties
- Increasing inability to cope with daily problems and stress
- Dramatic changes in appetite and/or sleep
- Recent social withdrawal
- Excessive anger, hostility or violence
- Problems with concentration / memory or confused thinking
- Extreme feelings of highs and lows
- Delusions or hallucinations
- Vague feeling of being disconnected from oneself or one's surroundings
- Suicidal or homicidal thoughts

Apollo Behavioral Health was established to help those suffering from a variety of psychiatric disorders. Apollo provides the latest methods in treatment and care for patients ages 18 and above and provides support for their families.



INPATIENT SERVICES

Apollo Behavioral Health Hospital is a secure 24-bed inpatient facility staffed, equipped, and dedicated to helping those in crisis regain their ability to function successfully and return to productive, fulfilling lives. While in the safety and security of an inpatient environment, the following services are provided:

- Psychiatric Evaluation
- Crisis Stabilization
- Group Therapy
- Individual Therapy
- Activity Therapy
- Discharge Planning

The hospital was constructed to modern specifications and opened in the summer of 2018.

REFERRAL PROCESS

Our dedicated staff is available to offer free, confidential information to ensure a seamless referral and transition process. Staff is available 24 hours a day, 7 days a week to assist with inpatient referrals. Please call the intake coordinator or fax the patient information to the hospital.

(225) 663-2881

855.435.4322 Toll-Free

225.355.1555 Fax

intakefax@apollo-bhh.com

OUR TEAM

Our trained professional staff is committed to providing compassionate, quality care. Our satisfaction surveys repeatedly include positive feedback about members of our team and the care they provide.

Our multidisciplinary team includes:

- Board eligible / board certified psychiatrists
- Board certified internist
- Nurse practitioners
- Registered nurses and LPNs
- Licensed clinical social workers
- Licensed professional counselors
- Addiction specialists
- Certified therapeutic recreation specialist
- Registered dietitians
- Mental health technicians



COME VISIT US

We would be happy to provide a tour of our inpatient facility and introduce you to our team. Please contact the hospital to schedule a tour or for any assistance.

Apollo Behavioral Health Hospital is conveniently located on Airline Highway in Baton Rouge, at the traffic light just north of Interstate 12.

THE STANDARD OF EXCELLENCE FOR BEHAVIORAL HEALTH

Apollo Behavioral Health Hospital was established to help those suffering from a variety of psychiatric disorders. Apollo provides the latest methods in treatment and care for patients ages 18 and above and provides support for their families. Offering a full continuum of care including inpatient, a partial hospitalization program (PHP), an intensive outpatient program (IOP), and a substance abuse intensive outpatient program (SAIOP), Apollo ensures consistency throughout treatment and eases the transition from one level of care to another.

Inpatient Referrals

Intake staff is available Monday-Friday
8:00 a.m. - 4:30 p.m. for outpatient referrals.

(225) 663-2881

855-435-4322 Toll-Free

225-355-1555 Fax

intakefax@apollo-bhh.com

For **adult patients** (18+), please call our intake coordinator or send patient info to the hospital.

For OUTPATIENT Services and Referrals:

Ph: 225-303-0212 | Fax: 225-424-1587

admissions.opf@apollo-bhh.com

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